Visiting the Doctor
# HEALTH

## VISITING THE DOCTOR

### Visiting the Doctor

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Teacher's Notes with Sample Lesson Plan

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Teacher’s Notes

Using the unit: Visiting the Doctor.

These lessons were used with a level 2 class. The story has also been simplified so it can also be used for level 1. For level 1 the worksheets would need to be worked through with the students. The past/present/future worksheet is advanced for level 2. It is introducing the students to the concept of different tenses but needs to be guided and worked through together at level 2. The sounds practice should be tailored to suit the students according to their needs.

All lessons begin with morning greetings, introductions and date, revision of names and sounds of the letters of the alphabet including blends, beginning sounds, end sounds & vowels etc.

Lesson 1

- Show the pictures alone.
- See if the students can sequence the pictures and verbally tell what may be happening in the story.
- Tell their version of the story. (Give as much help as needed but encourage students to ‘have a go’.)
- Hand out text cards and students match with the pictures
- Teacher reads the captions
- Students read the captions

In all lessons, after morning tea complete work as needed, use a different simple reading or do handwriting practice.

Lesson 2

- Review ideas from lesson 1.
- Hand out the text cards and match the captions to the pictures.
- Read the story with words only (full story).
- Adjust the captions to fit the order of the story.
- Discuss the tense of the caption and of the story.
- Give worksheet ‘Past, Present, Future’ to students to complete (assisted by teacher)

Lesson 3

Sounds practiced; th, ch, ph, a (long A as in cake, rake, gate.)

- Read through the vocabulary and ask students to tell you any words they may not know and need explained. Practice pronunciation of difficult words, clap syllables, and discuss beginning sounds, ending sounds.
• Read full story - Teacher first then each student take turns to read part of the story.

Lesson 4

Sounds practice, phonics cards beginning sound, vowel combination, particularly long vowels & short vowels a-e, i-e, o-e, u-e
sw, sn, sm, tr, tw, pl, pr,

• Read story Visiting the Doctor
• Give comprehension work sheet (allow students time to complete on their own)
• Go through the worksheet verbally and whiteboard the answers.

Lesson 5

Sounds practice, middle & end sounds, vowels, ar, er, ir, or, ur

• Read Visiting the Doctor
• Finish answers to comprehension questions
• Give ‘alphabetical order’ worksheet
• Work through filling in a form with fictitious information for Zahara using capital letters
• Verbally say name & address. Spell name (given & family)

Lesson 6

Sounds practice use beginning sounds and end sounds, make words by putting these sounds together. Discuss these words – are they English words or nonsense? Explain any words not understood.

• Read Visiting the Doctor, Teacher read, Students share reading, one page each.
• ‘Fill in the missing words’
• ‘Nouns – worksheet’
• ‘Pronouns – worksheet’

Lesson 7

Sounds practice as in Lesson 6

• Revise nouns – when do they need a capital letter?
• Discuss prepositions, phrases and sentences
• ‘Preposition worksheet’
Visiting the Doctor
Zahara felt sick. She had an earache and a cough.

Zahara’s mother, Amina, was very worried. Zahara felt hot and she was crying.
Amina needed to take Zahara to see the doctor. She rang the doctor's surgery to make an appointment and told the receptionist her little girl was sick.

The receptionist asked, “What is your daughter’s name?” Amina said, “My daughter’s name is Zahara Taylor”. The receptionist asked Amina to spell her daughter’s name. Amina spelled Zahara’s name.

The receptionist told Amina the appointment for Zahara to see the doctor was at three o’clock. She asked Amina to bring her Medicare and Health Care cards with her.
Amina and Zahara went to the bus stop at 2:30 pm so they would be at the doctor’s surgery in time for the 3 o’clock appointment.

When they got to the doctor’s surgery, the receptionist asked Amina for her Medicare and Health Care cards.
The receptionist checked the cards and gave them back to Amina. She told Amina to sit down and wait until the doctor could see Zahara.

There were lots of other people in the waiting room. Some people were reading magazines. When Amina heard Zahara’s name called, she went to the doctor’s room.

The doctor asked some questions about Zahara’s symptoms. Amina explained that her daughter had a sore ear. She was coughing and was hot.
The doctor examined Zahara. He lifted up her shirt and listened to her chest with a stethoscope.

Then he looked in Zahara’s ear using a special torch.
He wrote a prescription for Zahara to have some medicine that would make her feel better.

Amina took the prescription to the pharmacy to get the medicine.

The pharmacist explained the directions on the label.
Amina and Zahara returned home.

Soon Zahara was feeling much better and was playing happily.
Zahara felt sick. She had an earache and a cough.

Zahara’s mother, Amina, was very worried. Zahara felt hot and she was crying.

Amina needed to take Zahara to see the doctor. She rang the doctor’s surgery to make an appointment and told the receptionist her little girl was sick.

The receptionist asked, “What is your daughter’s name?” Amina said, “My daughter’s name is Zahara Taylor.” The receptionist asked Amina to spell her daughter’s name. Amina spelled Zahara’s name.

The receptionist told Amina the appointment for Zahara to see the Doctor was at three o’clock. She asked Amina to bring her Medicare and Health Care Cards with her.

Amina and Zahara went to the bus stop at 2:30 pm so they would be at the doctor’s surgery in time for the 3 o’clock appointment.

When they got to the doctor’s surgery, the receptionist asked Amina for her Medicare and Health Care Cards.

The receptionist checked the cards and gave them back to Amina. She told Amina to sit down and wait until the doctor could see Zahara.

There were lots of other people in the waiting room. Some people were reading magazines. When Amina
heard Zahara’s name called, she went to the doctor’s room.

The doctor asked some questions about Zahara’s symptoms. Amina explained that her daughter had a sore ear. She was coughing and hot.

The doctor examined Zahara. He lifted up her shirt and listened to her chest with a stethoscope.

Then he looked in Zahara’s ear using a special torch.

He wrote a prescription for Zahara to have some medicine that would make her feel better.

Amina took the prescription to the pharmacy to get the medicine.

The pharmacist explained the directions on the label. Amina and Zahara returned home.

Soon Zahara was feeling much better and was playing happily.
Zahara is sick

She is hot. Her mother is worried.
Zahara’s mother phones the doctor.

Their appointment is at 3 o’clock.
She must bring her Medicare and Health Care cards.

They go to the bus stop by two thirty.
They go to see the receptionist.

They wait in the waiting room.
Visiting the Doctor - Level 1

The doctor examines Zahara.

He writes a prescription for medicine.
They go to the pharmacy.

Soon Zahara feels well and happy.
Zahara is sick. She is hot. Her mother is worried.

Zahara’s mother phones the doctor.

Their appointment with the doctor is at 3 o’clock. She must bring her Medicare and Health Care cards. They go to the bus stop by two thirty.
They go to see the receptionist. They wait in the waiting room.

The doctor examines Zahara.

He writes a prescription.

They go to the pharmacy.

Soon Zahara feels well and happy.
Visiting the Doctor (Level 3)

**Past, Present and Future**

**Use the correct words to complete the table**

<table>
<thead>
<tr>
<th></th>
<th>Past</th>
<th>Present</th>
<th>Future</th>
</tr>
</thead>
<tbody>
<tr>
<td>The doctor</td>
<td>Zahara.</td>
<td>The doctor is Zahara.</td>
<td>The doctor will Zahara.</td>
</tr>
<tr>
<td>Amina</td>
<td>the doctor.</td>
<td>Amina is the doctor.</td>
<td>Amina will the doctor.</td>
</tr>
<tr>
<td>They</td>
<td>the bus.</td>
<td>They are the bus.</td>
<td>They will the bus.</td>
</tr>
<tr>
<td>She</td>
<td>the medicine.</td>
<td>She is the medicine.</td>
<td>She will the medicine.</td>
</tr>
<tr>
<td>The receptionist</td>
<td>her to wait.</td>
<td>The receptionist is her to wait.</td>
<td>The receptionist will her to wait.</td>
</tr>
<tr>
<td>Zahara</td>
<td>to the doctor.</td>
<td>Zahara to the doctor.</td>
<td>Zahara will to the doctor.</td>
</tr>
</tbody>
</table>

_These are the words you need to fill the spaces. They are muddled._

<table>
<thead>
<tr>
<th></th>
<th>examine</th>
<th>ask</th>
<th>phoning</th>
</tr>
</thead>
<tbody>
<tr>
<td>catching</td>
<td>examined</td>
<td>buy</td>
<td></td>
</tr>
<tr>
<td>phoned</td>
<td>catch</td>
<td>examining</td>
<td></td>
</tr>
<tr>
<td>asking</td>
<td>phone</td>
<td>goes</td>
<td></td>
</tr>
<tr>
<td>go</td>
<td>bought</td>
<td>asked</td>
<td></td>
</tr>
<tr>
<td>buying</td>
<td>went</td>
<td>caught</td>
<td></td>
</tr>
</tbody>
</table>
### Past, Present and Future (answers)

Use the correct words to complete the table

<table>
<thead>
<tr>
<th>Past</th>
<th>Present</th>
<th>Future</th>
</tr>
</thead>
<tbody>
<tr>
<td>The doctor examined Zahara.</td>
<td>The doctor is examining Zahara.</td>
<td>The doctor will examine Zahara.</td>
</tr>
<tr>
<td>Amina phoned the doctor.</td>
<td>Amina is phoning the doctor.</td>
<td>Amina will phone the doctor.</td>
</tr>
<tr>
<td>They caught the bus.</td>
<td>They are catching the bus.</td>
<td>They will catch the bus.</td>
</tr>
<tr>
<td>She bought the medicine.</td>
<td>She is buying the medicine.</td>
<td>She will buy the medicine.</td>
</tr>
<tr>
<td>The receptionist asked her to wait.</td>
<td>The receptionist is asking her to wait.</td>
<td>The receptionist will ask her to wait.</td>
</tr>
<tr>
<td>Zahara went to the doctor.</td>
<td>Zahara goes to the doctor.</td>
<td>Zahara will go to the doctor.</td>
</tr>
</tbody>
</table>

These are the words you need to fill the spaces, they are muddled.

<table>
<thead>
<tr>
<th>examine</th>
<th>ask</th>
<th>phoning</th>
</tr>
</thead>
<tbody>
<tr>
<td>catching</td>
<td>examined</td>
<td>buy</td>
</tr>
<tr>
<td>phoned</td>
<td>catch</td>
<td>examining</td>
</tr>
<tr>
<td>asking</td>
<td>phone</td>
<td>goes</td>
</tr>
<tr>
<td>go</td>
<td>bought</td>
<td>asked</td>
</tr>
<tr>
<td>buying</td>
<td>went</td>
<td>caught</td>
</tr>
</tbody>
</table>
### Visiting the Doctor

#### Vocabulary

<table>
<thead>
<tr>
<th>Term</th>
<th>Definition</th>
</tr>
</thead>
<tbody>
<tr>
<td>earache</td>
<td>a pain inside the ear</td>
</tr>
<tr>
<td>cough</td>
<td>a noise from the throat</td>
</tr>
<tr>
<td>appointment</td>
<td>an agreement to see someone at a certain time</td>
</tr>
<tr>
<td>receptionist</td>
<td>the person who greets you when you arrive</td>
</tr>
<tr>
<td>Medicare card</td>
<td>a card to show you are entitled to a rebate on the doctor’s fee</td>
</tr>
<tr>
<td>waiting room</td>
<td>the place you wait before seeing the doctor</td>
</tr>
<tr>
<td>magazine</td>
<td>soft covered glossy paper book containing stories/articles by various writers</td>
</tr>
</tbody>
</table>
## Visiting the Doctor
### Vocabulary

<table>
<thead>
<tr>
<th></th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>symptoms</td>
<td>A feeling or problems that show you are sick</td>
</tr>
<tr>
<td>stethoscope</td>
<td>An instrument to listen to the chest</td>
</tr>
<tr>
<td>prescription</td>
<td>A note on a form the doctors writes on to say what medicine you need</td>
</tr>
<tr>
<td>pharmacy</td>
<td>The place to get the medicine - also known as a chemist</td>
</tr>
<tr>
<td>medicine</td>
<td>A liquid, tablet or injection to help you get better</td>
</tr>
<tr>
<td>paediatric formula</td>
<td>Medicine especially for children</td>
</tr>
<tr>
<td>directions</td>
<td>Instructions of how much and how often to take the medicine</td>
</tr>
</tbody>
</table>
**Visiting the Doctor**

**Comprehension**

1. Who is Zahara?

2. What is wrong with her?

3. Where does she need to go?

4. When is their appointment?

5. Why do they have to leave at 2:30?

6. How is Amina feeling?

7. What are Zahara’s symptoms?

8. What other symptoms might Zahara have?

9. What does the doctor use to listen to Zahara’s chest?

10. What does the doctor use to check Zahara’s temperature?
Visiting the Doctor

Comprehension Answers (alternative answers in brackets)

1. Who is Zahara?
   • Amina’s daughter (A little girl.)

2. What is wrong with her?
   • She is sick. (She has a cough and an earache.)

3. Where does she need to go?
   • to the Doctor

4. When is their appointment?
   • at three o’clock (3 p.m.)

5. Why do they have to leave at 2:30?
   • to catch the bus

6. How is Amina feeling?
   • Amina is feeling worried.

7. What are Zahara’s symptoms?
   • She has an earache and a cough. She is hot and crying.

8. What other symptoms might Zahara have?
   • She may have a headache and feel listless.

9. What does the doctor use to listen to Zahara’s chest?
   • a stethoscope

10. What does the doctor use to check Zahara’s temperature?
    • a thermometer
Visiting the Doctor

Here is the alphabet.

a b c d e f g h i j k l m
n o p q r s t u v w x y z

Write these words in alphabetical order.

<table>
<thead>
<tr>
<th>earache</th>
<th>cough</th>
<th>surgery</th>
</tr>
</thead>
<tbody>
<tr>
<td>appointment</td>
<td>medicine</td>
<td>pharmacy</td>
</tr>
<tr>
<td>waiting room</td>
<td>directions</td>
<td>torch</td>
</tr>
<tr>
<td>receptionist</td>
<td>doctor</td>
<td>chest</td>
</tr>
</tbody>
</table>

appointment____  __________________

chest__________  __________________

________________  __________________

________________  __________________

________________  __________________

________________  __________________

________________  __________________
Fill in the Missing Words

Write the missing words in the spaces.

to at be an a is

1. She had ____ earache and ____ cough.

2. Amina needed _____ take her __ see the doctor.

3. The receptionist asked Amina ___ spell her daughter’s name.

4. Amina and Zahara go to the bus stop at 2:30 p.m. so they will ____ ____ the doctor’s surgery in time for 3 p.m.

5. Zahara ___ sick.
## Patient Information Form

When you visit a medical practice for the first time you will need to fill in a form.

<table>
<thead>
<tr>
<th>Field</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>FAMILY / SURNAME</td>
<td></td>
</tr>
<tr>
<td>FIRST/GIVEN NAME</td>
<td></td>
</tr>
<tr>
<td>ADDRESS</td>
<td></td>
</tr>
<tr>
<td>SUBURB</td>
<td>POSTCODE</td>
</tr>
<tr>
<td>BIRTH DATE</td>
<td></td>
</tr>
<tr>
<td>TELEPHONE NUMBER</td>
<td>(home) (mobile)</td>
</tr>
<tr>
<td>MEDICARE CARD NUMBER</td>
<td>MEDICARE CARD EXPIRY DATE</td>
</tr>
<tr>
<td>HEALTH CARE CARD NUMBER</td>
<td>HEALTH CARE CARD EXPIRY DATE</td>
</tr>
<tr>
<td>OCCUPATION</td>
<td></td>
</tr>
<tr>
<td>NAME OF NEXT OF KIN</td>
<td>NEXT OF KIN TELEPHONE NUMBER</td>
</tr>
</tbody>
</table>
Visiting the Doctor

Nouns

A noun is a word that says the name of a person, place or thing.

Underline the nouns in these sentences.

a. When they got to the doctor’s surgery, the receptionist asked Amina for her Medicare and Health Care cards.

b. There were lots of other people in the waiting room.

c. The doctor lifted up Zahara’s shirt and listened to her chest with a stethoscope.

d. He wrote a prescription for Zahara to have some medicine to make her feel better.

e. Amina took the prescription to the pharmacy to get the medicine.

f. The pharmacist explained the directions on the label.

g. Amina and Zahara returned home.

h. Soon Zahara felt much better and was playing happily.
Nouns (Answers)

A noun is a word that says the name of a person, place or thing.

Underline the nouns in these sentences

a. When they got to the doctor's surgery, the receptionist asked Amina for her Medicare and Healthcare cards.

b. There were lots of other people in the waiting room.

c. The doctor lifted up Zahara’s shirt and listened to her chest with a stethoscope.

d. He wrote a prescription for Zahara to have some medicine to make her feel better.

e. Amina took the prescription to the pharmacy to get the medicine.

f. The pharmacist explains the directions on the label.

g. Amina and Zahara returned home.

h. Soon Zahara felt much better and was playing happily.
Pronouns

A word used in place of the name of a person (noun).

Complete the sentences with the correct pronoun from the box.

1. _____ has an earache and a cough.

2. Amina and Zahara go to the bus stop at 2:30 p.m. so _____ will be at the doctor’s surgery in time for 3 p.m.

3. Amina needs to take ____ to see the doctor.

4. Then ___ looks in Zahara’s ear using a special torch.

Discuss which person the pronoun is replacing.
Answers

Pronouns

A word used in place of the name of a person (noun).

Complete the sentences with the correct pronoun from the box.

| he | her | they | she |

1. She has an earache and a cough.

2. Amina and Zahara go to the bus stop at 2:30 p.m. so they will be at the doctor’s surgery in time for 3 p.m.

3. Amina needs to take her to see the doctor.

4. Then, he looks in Zahara’s ear using a special torch.

Discuss which person the pronoun is replacing.

- she/Zahara,
- her/Zahara
- they/Amina & Zahara,
- he/the doctor
Prepositions

A preposition is a word that shows the connection between a noun and other words in the sentence. e.g. beside the road

Complete these phrases using the prepositions in the box.

<table>
<thead>
<tr>
<th>in</th>
<th>at</th>
<th>to</th>
<th>with</th>
<th>on</th>
</tr>
</thead>
</table>

a. ___ the label

b. ___ the doctors surgery

c. ___ the waiting room

d. ___ the medicine

e. ___ spell her name

Write a sentence using one of the above.

Example

The receptionist asked Amina to spell her daughter’s name.
Visiting the Doctor

Answers

Prepositions

Complete these phrases using the prepositions in the box.

| in | at | to | with | on |

a. on the label
b. at the doctors surgery
c. in the waiting room
d. with the medicine
e. to spell her name
Visiting the Doctor
Visiting the Doctor

![Image of a person speaking on the phone]

![Image of a clock showing 2:30]

![Image of a Medicare card]
Visiting the Doctor
Visiting the Doctor
Visiting the Doctor
Visiting the Doctor
Zahara is sick.
She is hot.

Her mother is worried.
Zahara’s mother phones the doctor.
Their appointment is at 3 o’clock.
She must bring her Medicare and Health Care cards.
They go to the bus stop by two thirty.
They go to see the receptionist.
They wait in the waiting room.
The doctor examines Zahara.
He writes a prescription.
They go to the pharmacy to get the medicine.
Soon Zahara feels well and happy.
VISITING THE DOCTOR